



# Dr. Charity SHIFTS the mindsets of Physicians and Physicians-in-training from **BURNOUT** to **BLISS**.

Lynette D. Charity, MD is an Anesthesiologist, International Keynote Speaker and Humorist. Using her talent as a masterful storyteller, she wants to teach fellow physicians and physicians-in-training how to **RECOGNIZE** the three most prevalent symptoms of depression; how to **REDIRECT** the "negative voices" that may cause us to do harm to ourselves; and how to **REACT** to today's "healthcare soap opera" with laughter.

The field of medicine was her calling and during her 40-year career, Dr. Charity has experienced it all. Racism, Discrimination, Sexism, Depression, Burnout, and even Suicidal ideations, yet she persevered through emotional resiliency and support from peers, family and friends. In 2012, at age 60, she decided to pursue a second career. Maintaining a part-time solo practice, she began developing skills in public speaking and stand-up comedy, trading night and weekend call for long-distance travel to speaking engagements and late nights at open mics. Through her comedy experience, she learned how to deal with disgruntled patients, colleagues and administrators whom she just calls "hecklers." Through her professional speaking experience, her message of resilience and growth through adversity is shared with others who need to know that they are not alone in their struggles.



Medical conferences are a good source of didactic information; the nuts and bolts. In addition, allow Dr. Charity to show your audience how to "find their funny" mindset. She's says, "After all, 'Laughter IS the Best Medicine' for what ails you."

## Keynote Speaking Topics

### A Prescription for Success in Your Medical Career

You will Reconnect, Revitalize and Re-commit to YOU for a better, more blissful career.

# How to Navigate Your Way through a Malpractice Lawsuit

Attendees will learn the critical steps to enduring the process and coping with the aftermath of being sued for medical malpractice.

## Medicine: Your Calling

Don't allow anyone to Squish, Squash, STOMP on your dream. You'll identify your team of DreamKeepers, and OWN your dream.

Schedule International Speaker Dr. Lynette Charity for your next medical conference or symposium.

(480)712-2322 | www.DrCharitySpeaks.com

#### Dr. Charity's Clients

Coimbra School of Medicine – Coimbra, Portugal Benton Franklin County Bar Association – Kennewick,WA Women of Wisdom – Tri-Cities, WA Richland Public Library – Richland,WA

#### Education

B.S. Degree Chatham College for Women – Pittsburgh, PA M.D. Degree Tufts University School of Medicine – Boston, MA Internal Medicine Internship Eastern VA Graduate Medical School Hospitals – Norfolk, VA Anesthesiology Residency Beth Israel Hospital – Boston, MA

Fellowships in Neuroanesthesia and Obstetrical Anesthesia UCSF – San Francisco, CA

Board Certified in Anesthesiology 1983

## "...a Master Storyteller..."

"Dr. Charity is a master storyteller who effortlessly captures and keeps the audience's attention. Her commanding stage presence far surpasses that of many speakers that I've seen. She is the Malcolm Gladwell of physician speakers."

- Kevin Pho, MD, Physician keynote speaker and founder, KevinMD

## "...dynamic Master of Ceremonies..."

"Dr. Charity was a dynamic Masters of Ceremonies for the 2017 Women of Wisdom 3rd Annual, Mother, Daughter & Friend Tea Fundraiser. She provided the right balance; elegance, positive energy and humor. Guests were moved by her powerful and encouraging message on how not to allow ANYONE to hinder you from pursuing your dreams and divine purpose. A true Phenomenal Woman."

DaBrisha Smith, Event Coordinator
WOW Annual Mother Daughter and Friend Tea

## "She will inspire any audience..."

"Dr. Lynette Charity delivered an outstanding keynote presentation at our national conference. Never have we hosted a more dynamic and energetic speaker. Through her stories, Dr. Charity delivered a message of hope to her colleagues in the medical field, particularly those feeling hopeless or uninspired in their current position. I strongly recommend Dr. Charity. She will inspire any audience to believe in themselves. We hope to have her back again soon!"

 Hugo Pereira & Ines Prior Faculty, Coimbra Medical School - Coimbra, Portugal

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#### Testimonials

